



Burwood Public School Canteen



Sandwiches

Honey, Jam or Vegemite	\$2.00 E
Cheese	\$2.50 E
Cheese w/ tomato	\$3.50 E
Leg Ham with tomato	\$3.50 O
Leg Ham with Cheese	\$3.50 O
Egg, lite mayo and lettuce	\$3.50 E
Egg, salad sandwich	\$4.00 E
Tuna, lite mayo and lettuce	\$3.50 E
Tuna salad sandwich	\$4.00 E
Chicken, lite mayo and lettuce	\$3.50 E
Chicken, salad sand	\$4.50 E
Salad w/ cheese	\$4.00 E



Hot Food

Vegetable fried rice	\$4.00 E
Macaroni cheese	\$4.50 E
Baked chicken breast nuggets	\$4.00 O
Noodle cup	\$3.00 O
Lean cheeseburger	\$5.00 E
Baked chicken fillet burger	\$4.50 E
Fish fingers w/ sauce	\$4.00 O
Fish burger	\$4.00 O
Beef Hotdog w/ sauce	\$3.50 O
Vegetable spring roll	\$4.00 O
Vegetable stir fry noodles	\$4.00 E

Wraps

Cheese salad (tomato, cucumber, lettuce, beetroot and carrot)	\$4.50 E
Vegetable tortilla (tomato, cucumber, carrot, lettuce, cheese)	\$5.00 E
Hummus and vegetable (tomato, cucumber, carrot, lettuce)	\$4.50 E
Falafel (tomato, cucumber lettuce and tahini)	\$4.50 E
Baked chicken (lettuce and lite mayo)	\$4.50 E
Baked chicken (salad and lite mayo)	\$5.00 E
Baked chicken schnitzel (lettuce and lite mayo)	\$5.50 E
Baked chicken schnitzel (salad and lite mayo)	\$6.00 E
Leg Ham with Cheese (lettuce and tomato)	\$5.00 O
Egg (lettuce and lite mayo)	\$4.00 E
Tuna (lettuce and lite mayo)	\$4.00 E



Fresh Salad Box

Green salad (tomato, cucumber, lettuce, carrot, dressing)	\$4.00 E
Tabouleh (parsley, tomato, onion, lemon, crashed wheat)(THURSDAY ONLY)	\$4.50 E
Chicken salad (tomato, cucumber, lettuce, carrot, dressing)	\$5.50 E
Egg salad (tomato, cucumber, lettuce, carrot, dressing)	\$5.00 E
Tuna salad (tomato, cucumber, lettuce, carrot, dressing)	\$5.00 E
Greek salad (feta cheese, olive, lett, tom, cucum, carrot, onion, dressing)	\$5.50 E
Crunchy salad (cabbage, lett, carrot, cucumber, onion, dressing)	\$4.50 E

As per NSW Healthy Canteen, ¾ of menu is everyday foods and ¼ is occasional foods.



E – Everyday foods
O – Occasional foods

Please note that tomato sauce portion costs 0.50 cents

All food is grilled and oven baked.
Also HALAL meat



Snacks

Plain popcorn	\$1.00 O
Corntots chips	\$1.00 O
Fruit salad	\$3.00 E
Light Custard cups	\$1.00 O
Seasonal fruits	\$1.00 E
Mini pie	\$1.00 O
Hashbrown	\$1.00 O
Carrot sticks w/ hummus	\$1.00 E
Cucumber sticks w/ humus	\$1.00 E
Corn cobs	0.50c E
Light vanilla muffins	0.50c O
Corn kernel cup	\$1.00 E
Fruit cup	\$1.50 E
Fruit skewers	\$1.00 E
Orange wedges	\$1.00 E
Watermelon slice	\$1.00 E



Drinks

Plain water (Big)	\$2.00 E
Plain water (small)	\$1.00 E
Light Oak Milk (chocolate, strawberry)	\$2.50 E
99% Just Juice (Apple/Orange)	\$1.50 E

Frozen Treats (summer only)

99% Fruit Slurpee	\$2.00 E
Queich ice blocks	\$1.00 E

Our food is freshly prepared daily on premises.