

Burwood Public School Canteen



Sandwiches

| | |
|--|----------|
| Honey, Jam or Vegemite----- | \$2.00 E |
| Cheese ----- | \$2.50 E |
| Cheese w/ tomato----- | \$3.00 E |
| Leg Ham with tomato ----- | \$3.50 E |
| Leg Ham with Cheese ----- | \$4.50 E |
| Egg (mayo and lettuce)----- | \$4.00 E |
| Egg (salad and mayo)----- | \$5.00 E |
| Tuna (mayo and lettuce)------ | \$4.00 E |
| Tuna (salad and mayo) ----- | \$5.00 E |
| Chicken schnitzel (lettuce and mayo)-- | \$5.00 E |
| Chicken schnitzel (salad and mayo)--- | \$6.00 E |
| Chicken (mayo and lettuce)----- | \$4.00 E |
| Chicken (salad and mayo)----- | \$5.00 E |
| Salad w/ cheese----- | \$5.00 E |



Hot Food

| | |
|-------------------------------------|----------|
| Vegetable fried rice (H/M)----- | \$5.00 E |
| Chicken nuggets w/ sauce----- | \$4.50 O |
| Macaroni cheese (H/M)----- | \$5.00 E |
| Noodle cup ----- | \$3.50 O |
| Cheeseburger ----- | \$6.00 E |
| Baked chicken fillet burger----- | \$4.50 E |
| Fish fingers w/ sauce----- | \$4.50 O |
| Fish burger ----- | \$4.50 O |
| Beef Hotdog w/ sauce ----- | \$4.00 O |
| Vegetable spring roll ----- | \$4.50 O |
| Vegetable stir fry noodles (H/M)--- | \$5.00 E |

Please note that Tomato and Barbecue sauce portion costs 0.50 cents

All food is grilled and oven baked.

Also HALAL meat



Wraps

| | |
|---|----------|
| Cheese salad wrap (tomato, cucumber, lettuce and carrot) ----- | \$5.50 E |
| Salad wrap with fetta cheese (tomato, cucumber, lettuce and carrot) ----- | \$6.00 E |
| Vegetable tortilla wrap (tomato, cucumber, carrot, lettuce, cheese) ----- | \$6.00 E |
| Hummus and vegetable wrap (tomato, cucumber, carrot, lettuce) ----- | \$5.50 E |
| Falafel wrap (tomato, cucumber lettuce and hummus)----- | \$5.50 E |
| Chicken wrap (lettuce and mayo) ----- | \$5.50 E |
| Chicken wrap (tomato ,cucumber, carrot, lettuce and mayo) ----- | \$6.50 E |
| Chicken schnitzel wrap (lettuce and mayo) ----- | \$6.00 E |
| Chicken schnitzel wrap (tomato, cucumber, carrot, lettuce and mayo) ----- | \$7.00 E |
| Leg ham with cheese wrap (lettuce and tomato) ----- | \$5.50 E |
| Egg wrap (lettuce and mayo) ----- | \$5.00 E |
| Tuna wrap (lettuce and mayo) ----- | \$5.00 E |



Fresh Salad Box

| | |
|--|----------|
| Plain salad (tomato, cucumber, lettuce, carrot, dressing) ----- | \$5.00 E |
| Chicken salad (tomato, cucumber, lettuce, carrot, dressing) ----- | \$6.00 E |
| Egg salad (tomato, cucumber, lettuce, carrot, dressing) ----- | \$5.00 E |
| Tuna salad (tomato, cucumber, lettuce, carrot, dressing) ----- | \$5.00 E |
| Greek salad (fetta cheese, olive, lettuce, tomato, cucumber, onion, dressing)- | \$6.00 E |

As per NSW Healthy Canteen, $\frac{3}{4}$ of menu is everyday foods and $\frac{1}{4}$ is occasional foods.



E – Everyday foods

O – Occasional foods

H/M – Home made

Our food is freshly prepared daily on premises.



Snacks

| | |
|--------------------------------|----------|
| Plain popcorn ----- | \$1.00 O |
| Corntos chips----- | \$1.50 O |
| Fruit salad ----- | \$3.00 E |
| Mini pie ----- | \$1.00 O |
| Hash brown ----- | \$2.00 O |
| Carrot sticks w/ hummus ----- | \$1.00 E |
| Cucumber sticks w/ hummus----- | \$1.00 E |
| Corn cobs ----- | \$1.00 E |
| Light vanilla muffins----- | 0.50c O |
| Corn kernel cup ----- | \$1.50 E |
| Orange wedges ----- | \$1.00 E |

Drinks



| | |
|-------------------------------|----------|
| Plain water (Big) ----- | \$2.50 E |
| Plain water (small) ----- | \$1.50 E |
| Light Oak Milk ----- | \$3.00 E |
| (chocolate, strawberry) | |
| 99% Juice (Apple/Orange)----- | \$2.00 E |

Frozen Treats (summer only)

| | |
|-------------------------|----------|
| 99% Fruit Slurpee ----- | \$2.00 E |
| Ice blocks ----- | \$1.00 O |